

## Shreya Mudgil 'Summer'

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## Setting up A Meditation

I will imagine a point

a dot symbolizing your heart

and pierce upon it

with one directional concentration.

This sun storming on paper may be violent-

it may alarm you, at odd hours

and leave you, drenched in dreams and sweat.

Essentially, I will hunt the door

to sit, where you

communicate with yourself.

It is not your knowledge that I seek

Eating sun mangoes is easy

in innocent ignorance

Intellectually you are crowned

"But does he wear it to the inwardly chamber?"



Memory is like visiting a website.

I log in several times

the store, the latch, the synergy are all secure.

The monument is embalmed

and filled with floodwaters

I let myself crystallize around the treasure,

and stitch morning to morning,

and night to night.