

Book Review

***The Philosophy of Bhagavad-Gita: An Enlightened Study of the Hindu Scripture* by P.V. Laxmiprasad, Bilaspur: Booksclinic Publishers, Chhattisgarh, 2021, ISBN 978-93-5535-090-9, Price-Rs. 800/-, Pp. 101.**

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The Philosophy of Bhagavadgita by P.V. Laxmiprasad is a remarkable book that delves into the essence of Indian philosophy and the significance of the *Bhagavadgita* as a seminal text. The book, published by Books Clinic in 2021, is a concise and lucid exposition of the Gita's teachings, making it accessible to both the layperson and the scholar. It is a concise and accessible introduction to the Bhagavad-Gita, one of the most important and influential texts in the Hindu tradition. The book provides an overview of the Gita's historical and cultural context, as well as its philosophical and spiritual teachings. The Gita is a dialogue between the warrior Arjuna and his



charioteer, the god Krishna, on the eve of a great battle. Through their conversation, Krishna imparts to Arjuna the knowledge and wisdom necessary to fulfil his duty as a warrior and to achieve spiritual liberation. The Gita's teachings encompass a wide range of topics, including karma, dharma, yoga, and the nature of the self. The book is divided into four sections, with each section building upon the previous one.

One of the strengths of the book is Laxmiprasad's ability to make the complex and abstract ideas of the Bhagavad-Gita accessible to a wider audience. He breaks down the text into manageable sections and provides clear explanations of its key concepts, making it easy for readers to understand and apply its teachings to their own lives. The author begins by

exploring the fundamental nature of knowledge, reality, and existence, which forms the foundation of Indian philosophy. He then moves on to examine the philosophy of the Bhagavad-Gita, which is rooted in the concept of Dharma, the principle of righteousness. Laxmiprasad's book provides a clear and concise overview of these themes, with a particular focus on the Gita's ethical and practical teachings. He emphasizes the importance of action and detachment and explores the Gita's teachings on the nature of the self and the ultimate goal of spiritual liberation.

The conclusion is a compelling reflection on the relevance of the Gita's philosophy in contemporary times. Laxmiprasad argues that the Gita's teachings are universal and timeless, and that they hold the key to achieving a balanced and harmonious life. The works cited section is also an excellent resource for those interested in further exploring the topics discussed in the book. One of the book's strengths is its emphasis on the relevance of the Gita's teachings to everyday life. The author draws upon his extensive knowledge of Indian philosophy to provide a fresh perspective on the Gita, highlighting its practical applications in areas such as decision-making, self-discipline, and self-realization.

Laxmiprasad's writing style is clear and engaging, and he has a talent for distilling complex ideas into easily understandable language. His use of quotes from the Gita and other Indian scriptures is particularly effective in conveying the richness and depth of the philosophy. The book is a must-read for anyone interested in Indian philosophy and spirituality. Laxmiprasad's erudition, insight, and clarity of expression make this book a valuable contribution to the study of the Bhagavadgita. "The Philosophy of Bhagavad-Gita" is a valuable resource for anyone seeking to deepen their understanding of this important text and its teachings. The author's clear and accessible writing style, combined with his profound insights into the Gita's philosophical and spiritual teachings, make this book an essential read for anyone interested in Hinduism or spirituality in general. It is highly recommended for college libraries.